

# Evaluation of the project "Mentoring programme for kids with parents with mental health problems"

02/2017 – 03/2019

## **Initiator**

Miteinander Leben – Organisation für Betreutes Wohnen GmbH

## **Objectives**

The project „Mentoring programme for kids with parents with mental health problems“, carried out by Miteinander Leben and Styria Vitalis in cooperation with Diakonie de la Tour and funded by the Fonds Gesundes Österreich, the City of Graz and the Austrian Ministry for Women and Health aims at training mentors for children of families affected by mental health issues.

The aim of the project is to empower families – especially the children – and take off the weight off their shoulders and contribute to an improved quality of everyday life.

## **Implementation of the evaluation**

The evaluation's focus is on the process (process evaluation) as well as on the results and outcomes of the project (summative evaluation).

queraum. cultural and social research supports the project team in Graz in reflecting the project steps and the outcomes of the measures taken.

The effects and benefits of the mentorship programme are analysed based on the perspectives of both families and mentors. Qualitative research methods such as guided interviews (including the production of ego-centred networks) with selected families and focus group discussions with mentors are applied in the research process. In addition, all families and mentors are asked for their feedback applying a user-friendly questionnaire.

## **Your contact**

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